



A L A M O  
C O L L E G E S

Alamo Colleges Family:

Over the past few days, there has been much news related to the presence of Swine Flu in our service area. The Alamo Colleges have not taken any action related to changes in our normal operating schedule, but we are in close communication with our local health agencies and will keep you informed should anything change. Any updates will be posted on the website and distributed via system-wide emails.

Information on the swine flu, including key facts and what you can do to stay healthy, can be found at the Centers for Disease Control and Prevention (CDC) website:

[http://www.cdc.gov/swineflu/swineflu\\_you.htm](http://www.cdc.gov/swineflu/swineflu_you.htm).

Another good resource is the San Antonio Metropolitan Health District (SAMHD). In a news release dated April 25th, they advise residents of San Antonio and Bexar County to take normal precautions to prevent any further spread of this virus. These include consistent hand washing <http://www.cdc.gov/CDCTV/handstogether/> with soap and warm water, coughing or sneezing <http://www.cdc.gov/flu/protect/covercough.htm> into tissue instead of your hands, and staying at home if you or your children are ill with flu-like symptoms. For additional information, call the SAMHD hotline at (888) 777-5320 or visit the website at

<http://www.sanantonio.gov/health/SwineFlu.html>.

The Texas Department of State Health Services website (<http://www.dshs.state.tx.us>) also includes updates and a section on personal and family preparedness. Just click on Swine Flu under Top Stories.

Again, any updates will be posted on our website and sent via email. The bottom line is, stay informed, be sensible and take care of yourself.

***Bruce H. Leslie***

Chancellor

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