

## DEPARTMENTAL COURSE SYLLABUS

Department: Kinesiology/Dance

Revision Date: April 2009

San Antonio College \* 1300 San Pedro \* San Antonio, TX \* 78212-4299

Course Number and Title: KINE 1115, Volleyball I

Credit Hours: 1

Office: 131B

Instructor: Varies

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- I. Catalog Description: This course is a skill development class for beginners. Students in this class will learn forearm pass, overhead pass, and overhead serve. Individual and paired drills, lead-up games, and conditioning activities will prepare students for competition.
- II. Pre-requisites, co-requisites and other requirements: None
- III. Text: Varies
- IV. Instruction will consist of: Lecture in relation to rules of volleyball and proper techniques used in basic skills. Reading assignments in text and related materials. Demonstration and participation in drills for enhancing volleyball skills, game skills, and incorporate physical conditioning. Videotapes used for proper skill technique demonstrations.
- V. Course Content:
  - Introduction to Volleyball
  - Warm-up Skills
  - Overhead Pass/Set
  - Forearm Pass
  - Serve
  - Attack/Off Speed Hitting
  - Blocking (single)/Front Row Defensive Positions
  - Service Receive Formations (“W” and “U”)
  - Offense (6-6, 4-2)/ Defense (Single-block)
  - Transition
  - Rules
- VI. Learning Outcomes and Performances Objectives with their methods of measurements as used to determine the students’ mastery of those outcomes.

**Learning Outcome 1:** The student will develop basic skills; learn the rules of the game, set-up and break-down net standards.

**Performance Objectives / Method(s) of measurement for each objective:**

1. The student will demonstrate the following skills; set, pass, serve, off-speed attack and single-block defensive position through daily participation in class and a skills assessment exam given at the end of the semester.
2. The student will demonstrate knowledge of the rules of volleyball by completing a written examination(s) and daily participation in class.
3. The student will demonstrate proper set-up and break-down of net standards by completing daily participation in class. (100%) observation

**Learning Outcome 2:** The student will develop and utilize basic offense and defensive systems of play.

**Performance Objectives / Method(s) of measurement for each objective:**

1. The student will demonstrate the following skills service receive formations, playing responsibilities in a 6-6 offense, introduction 4-2 offense, transition to a free-ball situation and from defense to offense by completing a written examination(s) and daily participation in class.

VII. Course requirements and grade computation.

A. College Requirements:

A written, comprehensive final examination, not to exceed three hours in length, shall be given at the end of each semester for each course at the regular scheduled time. Any exceptions to these requirements must be approved by the appropriate dean. Other examinations are given at the discretion of the instructor.

A student who must be absent from the final examination should petition that instructor for permission to postpone the examination. **A student absent without permission from a final examination is graded "F."** Postponed examinations result in a grade of "I." The final exam must be taken within 120 calendar days from the end of the semester or the grade automatically becomes an "F." (San Antonio College Bulletin, Faculty Handbook – January 1995)

B. Department Requirements: Health Questionnaire completed and furnish your own lock. The 1-hour Kinesiology and Dance activity classes typically are dismissed 10 minutes prior to the scheduled time for student's personal hygiene purposes.

C. Instructor Requirements: This syllabus is subject to change at the instructor's discretion.

VIII. College Policies:

A. San Antonio College does not discriminate on the basis of race, religion, color, national origin, sex, age, or disability with respect to access, employment programs or services.

B. Students are urged not to bring children to either a class or lab. Minors under the age of twelve (12) must not be left unattended on campus. College Academic Council – April, 1998

C. ADA Statement: "As per section 504 of the Vocational Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990, if accommodations is needed contact the Office of DisABILITY Support Services, CAC 124C, Phone: (210) 486-0020.

D. A Rapid Response Team exists for the purpose of responding to emergencies. If you have a disability that will require assistance in the event of a building evacuation, notify Disability Support Services, Chance Academic Center 124C, Phone: (210) 486-0020.

E. Academic Dishonesty: Students may be subject to disciplinary proceedings resulting in an academic penalty or disciplinary penalty for academic dishonesty. Academic Dishonesty includes, but is not limited to, cheating on a test, plagiarism and collusion. For additional information refer to the "Student Code of Conduct" in the San Antonio College Bulletin.

F. Students are required to silence all electronic devices (e.g., pagers, cellular phones, etc.) when in classrooms, laboratories and library. College Academic Council, 01/2000.

G. San Antonio College Attendance Policy: Regular and punctual attendance is required. A student

absent for any reason is responsible for all work missed. Absences are recorded from the first day of class. A student absent the equivalent of two weeks of instruction, may be dropped by the instructor with a grade of “W.” Both tardiness and early departure from class are forms of absenteeism. The instructor establishes the policy with regards for each.

- H. San Antonio College is a smoke free campus.
- I. Alamo Colleges Department of Public Safety Emergency Number (210)222-0911  
AC DPS 24 hour Dispatch (210)485-0099  
AC DPS Weather Line (210)485-0189
- J. Students must also abide by the policies, procedures, and rules set forth in the “Student Code of Conduct” and all other policies set forth in the San Antonio College Bulletin.  
<http://mysaccatalog.alamo.edu/>