



## Graphic arts students design NEISD anthologies

San Antonio College students from Ann Keil's Spring 2004 Electronic Prepress and Illustration Techniques classes, as a service-learning project, designed two anthologies of student writing in an unusual partnership with the North East Independent School District and Gemini Ink, a community-based center for literary arts and ideas.

During the Fall 2003, Gemini Ink's Writers in Communities faculty worked with students in creative writing classes at three elementary and 11 middle schools. The students "learned that their own stories are important; that a poem about skateboarding is just as valid as a poem about spring; and that it feels really, really good to be able to point to a published poem or story in a beautiful book and say, 'That's my work,'" said Bett Butler, director of Writers in Communities, in the Foreword.

Ann Keil said, "Because graphic arts professions are service-oriented and creative in nature, it was very appropriate for my students to experience working with Gemini Ink to meet the conceptual challenges, technical specifications, and real deadlines of publishing." She added that the experience connected them with the community, exposed them to another art form, and gave them something tangible for their graphic arts portfolios.



For the middle school student anthology *Poetry is a Wild Animal*, Ray Cruz illustrated the cover and Christopher Pantoja designed the pages. For the elementary school publication *Dinosaurs, Super Dogs, & Pizza Aliens*, Alexander (Blue) Hernandez illustrated the cover and Petcharat (Oh) Srikamonsirisak designed the pages. All students in the Electronic Prepress class produced the digital files for printing.

For more information, call Keil at 863-5997 or Audrey Grams, Service Learning Coordinator, at 785-6044.

## SAC supports healthy employees with programs

Good health isn't just a fad, it's a phenomenon, and charting its course for San Antonio College employees is the college's Wellness Committee.

Spurred by the belief that a happy employee is a healthy employee, the Wellness Committee offers SAC faculty and staff a number of opportunities to address their health deficits through support, education, and training services.

Recently, the Wellness Committee brought two important new programs to San Antonio College.

First, and most recently, the Wellness Committee brought Weight Watchers to college employees. The program, which offers members support and educational services, began in the spring semester.

"It has been an invaluable program to employees, because they are able to get the nutritional information and encouragement right here on campus, where they are held accountable by co-workers and peers they see everyday," Wellness Committee Coordinator Dawn Brooks said.

Helen Torres, Director of Distance Education, is one of 18 employees enjoying the benefits of Weight Watchers, after signing up for the 15-week program earlier this spring.

"I have lost seven pounds since joining Weight Watchers," Torres said. "It has been an eye-opener to learn in a simple way about nutrition and its important role in our health."

Brooks expects the program to flourish for  
*(Continued on back page)*

## Calendar of Events

[www.accd.edu/sac/pr/calendar.htm](http://www.accd.edu/sac/pr/calendar.htm)

**Monday, May 31**  
Memorial Day Holiday - College Closed

**Tuesday, June 1**  
Summer I day & evening classes begin

**Friday, June 4**  
Summer I (day classes) census day

**Tuesday, June 8**  
Summer I (evening classes) census day

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**Everyone is invited to the first Staff Leadership Development Certification Graduation**  
**Friday, June 18**  
**2 p.m., VATC 120**  
**Reception following**

## SAC GRADS CELEBRATE



San Antonio College graduates pause after receiving their diplomas and certificates at the 76th Annual Commencement Exercise held on May 8 at Trinity University's Laurie Auditorium.



SAC President Robert Zeigler presented diplomas and certificates to graduates during the ceremony.

# Healthy SAC employees

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semesters to come. "This is the first semester of the Weight Watchers Program, but definitely not the last," she said. Weight Watchers is in many respects similar to another existing effort, the committee's "Y" Program, Brooks said.

Last fall, the Wellness Committee moved the YMCA to the campus, as part of a 12-week on-campus course that is now in its second semester. The course, designed to heighten employees' health awareness and expose them to physical activities to improve their health habits, is making waves, Brooks said.

"There are 16 employees currently enrolled in the "Y" Program, and they absolutely love it," Brooks said. "They are being introduced to the different forms of available fitness activities in the hope of finding the one 'just right for them' that they can get involved in as a lifetime activity."

In both instances, San Antonio College helped employees pay for the programs. The Weight Watchers Program, which includes 15 sessions spread once a week over 15 weeks, costs the 18 employees who signed up \$30 less than what they would have paid without SAC affiliation, while employees who signed up for the "Y" program received its services for half the price, \$25, thanks to SAC funding.

And there are more — even free — opportunities for employees to become healthier. For example, the Wellness Committee offers employees annual orientations to the exercise room, monthly health challenges, brown-bag lunch topics covering current health news, free pedometers, bi-annual reduced-cost health screenings, and, starting this fall, a caregivers' support group for employees caring for aged parents or loved ones.

For more information, call Dawn Brooks at 733-2768.

## San Antonio College Update

Editors ..... John Hammond and Joanne Martin  
 Writer ..... Matthew Bartosh  
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Send news to Public Relations, FAC 313, call 733-2147, or e-mail your items to jhammond@accd.edu or jomartin@accd.edu by the 5 p.m. Monday deadline. The Update staff reserves the right to edit items.



**SAN ANTONIO COLLEGE**

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Gathering at the ceremony to unveil the first permanent San Antonio College sign are, from left: Architect David Bomersbach, Contractor John Long, President Robert E. Zeigler, and Chancellor J. Terence Kelly.



Facilities staff presented a check to the Battered Women's Shelter from money raised at the Book Fair in April. Facilities staff had a booth and sold novelty toys and trinkets at the fair, earning \$66.50. Those present at the check presentation were (from left): Tony Arismendez, mover; Harry Kourvelas, mover; Dr. Robert Zeigler, SAC president; Rebecca Muñoz, Facilities secretary, and Melissa Schulz, volunteer coordinator at the shelter.



Melinda Vaughan holds a plaque, roses, and a scholarship check for \$200 after receiving the annual Norma L. Ziegler Award, presented to outstanding Child Development students. She is joined by Roland DuBay, Executive Director of ACCD Institutional Advancement, Dr. Robert E. Zeigler, San Antonio College President, Cathy Castillo, Chairperson of the Child Development Department, and some of the children in the Child Development Center. After the ceremony, everyone joined the annual Fiesta parade around the block.

Save the date and come out for a baseball game with your friends at SAC!

SAC Night at the Missions  
 7 p.m. • Friday, July 9  
 Nelson Wolff Stadium

Tickets will be available in the Bursar's Office - Details to be announced.

# Exciting NEWS!

Congratulations to **Sandra P. Guerrero**, Senior Clerk Typist in the Dean's Office of Professional & Technical Education, for being named the April Employee of the Month for both San Antonio College and the Alamo Community College District.



The Ranger Photo/Kate Dalton

**Joanne Martin**, Public Information Officer, received the Frost Bank Award for Outstanding Graduate in the Master of Arts in Management program at Wayland Baptist University. Her degree concentration is Human Resource Management.

Math Instructor **Tony Sayka**, co-published an article as a web exclusive for the journal Semiconductor International and with his UTSA instructor and fellow math graduate students received a patent on their invention "Apparatus and Method for Cleaning a Wafer." According to the UTSA College of Science eNews newsletter, "Cleaning is a critical step in semiconductor wafer processing, and the market is forecasted to grow to about \$1.5 billion in 2004. This is the first patent from the Laser Research Laboratory's research group and Sayka, first named inventor, is seeking collaborations between the lab and high-tech national companies."

**Heidi Webb**, Computer Information Systems Instructor, has been invited to serve on a panel in July in Washington, DC to review National Science Foundation proposals in the Computer Science discipline related to the enhancement of science, technology, engineering, and math education.

**David Sanchez**, Associate Professor of Math & Computer Science, was selected by the Commissioner of Education at the Texas Education Agency to serve on the Texas Essential Knowledge and Skills (TEKS) revision work group for secondary mathematics.

Congratulations to Ranger News Editor **Megan Carr** and English sophomore **Catherine Hauer** on receiving the first annual Danny Stevens Scholarships, in memory of English Professor Dr. Ned Bailey's son Danny.