

Women4Women

Are you interested in...

- Learning about Self-Esteem & Empowerment?
- General questions related to being healthy?

If so, this *Platica* is just for you!

When: Wednesday, November 11, 2009

Time: 12:00 pm – 1:00 pm

Where: Empowerment Center / Room 105
(corner of Howard & Evergreen)

To register call-486-0455
or visit our website

<http://www.alamo.edu/sac/wc>



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Bring a sack lunch and LETS TALK!